

KAMBARANG SEASON OF BIRTH

OCTOBER AND NOVEMBER

Known as the "second spring," Kambarang brings warmer weather, dry spells, and blooming wildflowers. Yellow colours the landscape, symbolising the return of the sun's heat. Snakes and reptiles begin to emerge from hibernation, and people head back to the coast to gather seasonal foods. Wildlife is active everywhere and magpies are busy protecting their young.

NOONGAR WORDS:

KOOYAL - FROGS

MOOJA - AUSTRALIAN CHRISTMAS TREE

KOOLBARDI - MAGPIES

[HTTPS://WWW.GESB.WA.GOV.AU/MEMBERS/STAND-ALONE-PAGES/NOONGAR-SIX-SEASONS](https://www.gesb.wa.gov.au/members/stand-alone-pages/noongar-six-seasons)

Ngala Parenting Line
Talk about your parenting concerns
with a friendly expert from Ngala.

Call **9368 9368**

7 days a week, 8:00am to 8:00pm

ForWhen

A free national phone service that connects new and expecting parents or carers to perinatal and infant mental health services and supports.

Call **1300 242 322**

Monday to Friday 9:00am to 4:30pm

Support for Dads

DadsWA provides services and support for fathers and father figures.

Call **9368 9379**

or email: DadsWA@ngala.com.au

 **ngala.**



Child and Parent Centre
Banksia Grove



To join our closed
Facebook group please
scan the QR code or
search: **Child and Parent
Centre Banksia Grove**



Child and Parent Centre Banksia Grove

Address: 14 Viridian Drive Banksia Grove

Phone: 9367 0964

Mobile: 0438 965 382

Opening Hours: Monday to Friday
8:30am to 4:00pm

Email: Banksiagrove@ngala.com.au



Term 4 Planner 2025

13 October - 18 December

In partnership with  **ngala.**

CHILD HEALTH

Drop-In & Weigh Clinic

See your Child Health Nurse for a weight check or to ask a question.

Mondays
9:00am to 10:00am

Child Health Nurse
Appointments
Call 1300 749 869

Speech Drop-In Clinic:

Monday 20 October
1:30pm to 2:30pm

Thursday 20 November
9:30am to 10:30am

Speech Pathologist

Do you have concerns about your child's speech and language development?

The speech pathologist is here to help.

For more information
Call 9367 0964

Promoting Early Communication

Parenting session with speech pathologist, Catherine.

Friday 14 November 1:00pm to 2:30pm

For further information contact the team at the centre.

PLAYGROUPS

LINKS

For children up to 6 years old with either a communication delay, difficulty playing with peers or an interest in a limited range of toys.

Facilitated by the Autism Association of Western Australia

Mondays 9:00am to 11:00am

Busy Bees

For children 18 months to 4 years old.

Join the Busy Bees playgroup to connect with others and engage with your child as they learn through play.

Tuesdays 9:00am to 10:30am

Djidi Djidi (Willy Wagtail)

For babies 4 months to 12 months old.

An opportunity for you and your baby to play, socialise and explore fun activities together.

Wednesdays 9:00am to 10:30am

PARENTING SESSIONS

Friday
31 October
9:30am to
11:30am

Who's the Boss?

For parents and carers of children aged 2 to 6.

Discover the four main parenting styles and learn how to use praise and clear boundaries to support positive behaviour and a balanced family dynamic.

Crèche available.

Friday
14 & 28
November
9:30am to
11:30am

Chocolate Parenting

Join us for a relaxed session on understanding stress and learning practical ways to manage it with a cup of hot chocolate in hand!

Friday 21
November
9:30am to
11:30am

Starting School Successfully

Starting school is a big step! This session will help you build your child's independence with skills like getting dressed, using the toilet, and settling into routines.

Crèche available.



Feel free to drop by anytime for a friendly chat or any support you might need.

All services are FREE. Registration for all programs, workshops, crèche and services is essential.

For more information contact the Child and Parent Centre Banksia Grove on 9367 0964, 0438 965 382 or banksiagrove@ngala.com.au