



## **Boundaries and Balance**

This workshop focus' on building a positive and respectful relationship between parents and children.

In this workshop we look at how to put boundaries in place for your children's behaviour through positive parenting strategies. We cover parenting through the generations, parenting styles, and how to apply warmth and wisdom using assertive discipline to assist your children in learning how to follow ground rules.



Bookings are essential

Date: Thursday, 6th & 13th November 2025

**Time:** 9:30am – 11:30am

Venue: Child and Parent Centre, 26 Brookman Ave, Langford

For more information please:

Email: CPCBrookman@parkerville.org.au

