

Packed with Goodness

Looking for some new ideas to make lunchbox packing easy?

Need some easy and healthy snack ideas?

Want to understand food labels a little better?

We are running a free, fun, and engaging nutrition session for parents.

Come along and find out how to be a lunchbox packing pro!



Bookings
are
essential

Date: Wednesday 3rd December 2025

Time: 9:15am – 9:45am

Venue: Child and Parent Centre, 26 Brookman Ave, Langford

Creche is available, for more information please:

Email: CPCBrookman@parkerville.org.au

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