



	Term 4 Planner 2025				
	Program	Program Type	Time	Descriptions	Booking Required
Monday	It Takes a Village	For parents and carers of children aged 0 to 5 years	10.00am  12.00pm	A group designed to create a sense of community for migrant and refugee children and families as they adapt to life in Australia.  The group's aim is to provide support for you and your child in your first 5 years of settling in.	Yes
	MyTime Parent Group (Autism WA)	Parents of children with disability aged below 18 years are welcome. Play leaders will be available to supervise children aged 6 years and under	12.30pm – 2.30pm	MyTime groups provide support for mothers, fathers, grandparents, and anyone caring for a child with a disability or chronic medical condition, or other additional needs, including developmental delay.	Once joined group
Tuesday	Hand-in-Hand	Playgroup for parents and carers of toddlers 18 months to 3 years	9.00am – 11.00am	A playgroup for children and parents incorporating play, craft, music, and fundamental movement skill activities that provide the opportunity for parent-child connection and skill building.	Yes
Wednesday	Ready, Set, Go! Pre-Kindy	Transition to Kindy Playgroup	9.00am – 11.00am	A play-based Pre-Kindy playgroup which builds skills in both parents and children for preparing to start school the following year.  The program is for families living in Langford, Lynwood, Parkwood, Ferndale, and Thornlie with children starting Kindy at one of our local schools in 2026.  (4-term commitment)	Yes
Thursday	Pure Joy	For parents and carers of babies aged 0 to 12 months	9.30am – 10.30am	A baby nurture group for parents/carers and their babies to explore, play, and learn about attaching and interacting with each other.	Yes
Friday	Connecting Curiosity	Playgroup for parents and carers of toddlers 18 months to 3 years	9.00am – 11.00am	A repeat program of Tuesday's Hand-in- Hand playgroup. (Families are kindly asked to choose to attend one group).	Yes

#### To register your interest for our programs or workshops

#### **Child Health Nurse**

Days: Mondays &

Tuesdays

Time: 8:30am to 4:00pm Phone: 1300 749 869 Appointments required.

#### **Speech Pathologist**

Days: Wednesdays and Thursdays

**Time:** 8:30am to 4:00pm **Phone:** 0428 325 806 or

6391 0200

Appointments required.

#### **Jobs and Skills Centre**

One Jobs & Skills Workshop/term. Date, Time and Location to be

confirmed.

Phone: 9235 7032 for enquiries







# Parent Workshops and Special Events Term 4 - 2025

## **Water Safety Workshop**

we explore the different bodies of water and equip participants with knowledge that enables them to identify dangers in and around water.

We will also cover basic rescue techniques.

Date: Thursday 16th October 2025

Time: 9:45am to 10:45am

Location: 26 Brookman Ave, Langford

Booking: email <a href="mailto:cpcbrookman@parkerville.org.au">cpcbrookman@parkerville.org.au</a>

### **Speech Drop-in Clinic**

Discuss concerns about your child's speech and language development.

Ask about speech referrals.

#### **RSVP: 20-MINUTE TIMESLOTS PER FAMILY**

Week 4: 9am - 11am, Thursday 6th November 2025

Location: CPC Brookman, 26 Brookman Ave,

Langford

Booking: email cpcbrookman@parkerville.org.au

#### **Heart Beat Club**

A resuscitation workshop specially designed for parents and carers of children under five. An essential life skill worth learning and which could help save a child's life in an emergency situation.

Date: Thursday 4<sup>th</sup> December 2025

Time: 9:30am to 12:30pm

Location: CPC Brookman, 26 Brookman Ave,

Langford

Booking: email <a href="mailto:cpcbrookman@parkerville.org.au">cpcbrookman@parkerville.org.au</a>

#### **Boundaries and Balance**

This workshop is focusing on building a positive and respectful relationship between parents and children.

**Dates:** Session 1: Thursday 6<sup>th</sup> November 2025 Session 2: Thursday 13<sup>th</sup> November 2025

Time: 9.30am - 11.30am

**Location:** 26 Brookman Ave, Langford **Email:** cpcbrookman@parkerville.org.au

# Raising Babies and Toddlers in a Digital World

This workshop will give parents the facts and strategies around supporting babies and toddlers in a digital world.

Date: Thursday 20th November 2025

Time: 10:00am to 10:30am

Location: 26 Brookman Ave, Langford

Booking: email cpcbrookman@parkerville.org.au

# **Filling Your Cup**

A supportive workshop designed for parents to explore the importance of self-care, balance, and wellbeing.

Date: Thursday 27th November 2025

Time: 9.30am - 10.30am

**Location:** 26 Brookman Ave, Langford **Email:** cpcbrookman@parkerville.org.au

#### **Packed with Goodness**

A free, fun and engaging nutrition session. It provides parents with tips and advice regarding the importance of fueling little bodies with healthy food.

Date: Wednesday 3rd December 2025

Time: 9.15am - 9.45am

Location: 26 Brookman Ave, Langford Email: <a href="mailto:cpcbrookman@parkerville.org.au">cpcbrookman@parkerville.org.au</a>





Scan the QR code to join our group on Facebook "Child and Parent Centre Brookman"

Email: CPCBrookman@parkerville.org.au call 9235 7032

