

# Grow Them Up

For parents of children aged 3-12 years (2 sessions)

Parenting children can be the most rewarding and satisfying role many of us will have in our lifetime.

This interactive workshop will help you to discover new ways to build your knowledge and skills to motivate your children to achieve their goals, build strong relationships with family and friends and make good decisions in different areas of their life.

Come and explore with other parents, topics such as how to improve your child's confidence and social skills, strengthen their values and identity and create a vision that will help them to achieve their dreams.



Bookings  
are  
essential

Creche  
unavailable

**Date:** Thursdays 28<sup>th</sup> May & 4<sup>th</sup> June 2026

**Time:** 12:00pm – 2:00pm

**Venue:** Child and Parent Centre, 26 Brookman Ave, Langford

**For more information please:**

**Email:** [CPCBrookman@parkerville.org.au](mailto:CPCBrookman@parkerville.org.au)