


Term 2 Planner 2026					
	Program	Program Type	Time	Descriptions	Booking Required
Monday	MyTime Parent Group (Autism WA)	Parents of children with disabilities aged below 18 years are welcome. Play leaders will be available to supervise children aged 6 years and under	12.30pm – 2.30pm	MyTime groups provide support for mothers, fathers, grandparents, and anyone caring for a child with a disability or chronic medical condition, or other additional needs, including developmental delay.	Once joined group
Tuesday	Hand-in-Hand	Playgroup for parents and carers of toddlers 18 months to 3 years	9.00am – 11.00am	A playgroup for children and parents incorporating play, craft, music, and fundamental movement skill activities that provide the opportunity for parent-child connection and skill building.	Yes
Wednesday	Ready, Set, Go! Pre-Kindy	Transition to Kindy Playgroup	9.00am – 11.00am	A play-based Pre-Kindy playgroup which builds skills in both parents and children for preparing to start school the following year. The program is for families living in Langford, Lynwood, Parkwood, Ferndale, and Thornlie with children starting Kindy at one of our local schools in 2026. (4-term commitment)	Yes
Thursday	Pure Joy	For parents and carers of babies aged 0 to 12 months	9.30am – 10.30am	A baby nurture group for parents/carers and their babies to explore, play, and learn about attaching and interacting with each other.	Yes
Friday	Connecting Curiosity	Playgroup for parents and carers of toddlers 18 months to 3 years	9.30am – 11.00am	A repeat program of Tuesday's Hand-in-Hand playgroup. (Families are kindly asked to choose to attend one group).	Yes
	Active8	Parents and carers of children 2 to 5 years	12.30 – 2.00pm	A program for parents/carers and their children, providing guidance around physical activity, fussy eating and nutrition to help build confidence during mealtimes and form healthy family habits.	Register online 

To register your interest for our programs or workshops

Child Health Nurse

Days: Mondays & Tuesdays
Time: 8:30am to 4:00pm
Phone: 1300 749 869
Appointments required.

Speech Pathologist

Days: Wednesdays and Thursdays
Time: 8:30am to 4:00pm
Phone: 0428 325 806 or 6391 0200
Appointments required.

Culturally Diversed Psychological Service

(Life Without Barriers)
CaLD Adult Counselling
Days: Mondays
Time: 8:30am to 4:00pm
Phone: 9235 7032 for enquiries

Parent Workshops and Special Events Term 2 - 2026

Speech Drop-in Clinic

Discuss concerns about your child's speech and language development.
Ask about speech referrals.

RSVP: 20-MINUTE TIMESLOTS PER FAMILY

School Holiday: 9am – 12pm, Thursday 16th April
Week 3: 9am – 12pm, Thursday 7th May

Location: 26 Brookman Ave, Langford
Booking: email cpcbrooman@parkerville.org.au

Grow Them Up (2 sessions)

An interactive workshop which will help discover new ways to build knowledge and skills to motivate children to achieve their goals, build strong relationships and make good decisions.

Date: Thursday 28th May & 4th June 2026
Time: 12pm to 2pm
Location: 26 Brookman Ave, Langford
Booking: email cpcbrooman@parkerville.org.au

Stress & Wellbeing (Two-session program)

Teaches strategies for how parents and carers can deal with stress effectively.

Date: Session 1 - Thursday 25th June 2026
Session 2 - Thursday 2nd July 2026
Time: 12:30pm to 2:30pm
Location: 26 Brookman Ave, Langford
Booking: email cpcbrooman@parkerville.org.au

Kiind

A peer navigation support service for helping parents and carers who are raising children, aged birth-25 years, living with disability, developmental delay, autism, genetic, rare, undiagnosed and/or chronic health conditions.

Families are welcome to drop in and speak to one of our Peer Navigators, all of whom have extensive knowledge and lived experience caring for a family member with disability.

We can help parent and carers navigate systems and key points in their child's journey including:

- Securing a diagnosis and early supports
- Navigating the NDIS and understanding your child's plan
- Supporting and advocating for your child at school
- Accessing carer and financial supports
- And much more!

Date: Wednesday 29th April 2026, 9am – 4pm
Wednesday 13th May 2026, 9am – 4pm
Wednesday 27th May 2026, 9am – 4pm
Wednesday 24th June 2026, 9am – 4pm
Location: 26 Brookman Ave, Langford
Booking: email cpcbrooman@parkerville.org.au

Jobs and Skills

Job Hunting Strategies for Finding Work

Pathways to Employment Workshop

Date: Thursday 18th June 2026
Time: 1:00pm to 2:30pm
Location: CPC Brookman, 26 Brookman Ave, Langford
Booking: email cpcbrooman@parkerville.org.au



 **To learn more information:**

Scan the QR code to join our group on Facebook "Child and Parent Centre Brookman"

Email: CPCBrookman@parkerville.org.au
call 9235 7032

Site address: Child and Parent Centre, 26 Brookman Ave, Langford