

## Term 1 Planner 2026

	Program	Program Type	Time	Descriptions	Booking Required
Monday	MyTime Parent Group (Autism WA)	Parents of children with disability aged below 18 years are welcome. Play leaders will be available to supervise children aged 6 years and under	12.30pm – 2.30pm	MyTime groups provide support for mothers, fathers, grandparents, and anyone caring for a child with a disability or chronic medical condition, or other additional needs, including developmental delay.	Once joined group
Tuesday	Hand-in-Hand	Playgroup for parents and carers of toddlers 18 months to 3 years	9.00am – 11.00am	A playgroup for children and parents incorporating play, craft, music, and fundamental movement skill activities that provide the opportunity for parent-child connection and skill building.	Yes
Wednesday	Ready, Set, Go! Pre-Kindy	Transition to Kindy Playgroup	9.00am – 11.00am	A play-based Pre-Kindy playgroup which builds skills in both parents and children for preparing to start school the following year. The program is for families living in Langford, Lynwood, Parkwood, Ferndale, and Thornlie with children starting Kindy at one of our local schools in 2026. (4-term commitment)	Yes
Thursday	Tiny Moments	For parents and carers of babies aged 0 to 12 months	9.30am – 10.30am	This playgroup has been designed specifically to support caregivers to feel more connected with their babies through noticing and responding in everyday interactions.	Yes
Friday	Connecting Curiosity	Playgroup for parents and carers of toddlers 18 months to 3 years	9.00am – 11.00am	A repeat program of Tuesday's Hand-in-Hand playgroup. (Families are kindly asked to choose to attend one group).	Yes

**To register your interest for our programs or workshops**

**Child Health Nurse**

**Days:** Mondays & Tuesdays  
**Time:** 8:30am to 4:00pm  
**Phone:** 1300 749 869  
**Appointments required.**

**Speech Pathologist**

**Days:** Wednesdays and Thursdays  
**Time:** 8:30am to 4:00pm  
**Phone:** 0428 325 806 or 6391 0200  
**Appointments required.**

**Culturally Diversed Psychological Service**

**(Life Without Barriers)**  
**CaLD Adult Counselling**  
**Days:** Mondays  
**Time:** 8:30am to 4:00pm  
**Phone:** 9235 7032 for enquiries

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# Parent Workshops and Special Events Term 1 - 2026

## TSH Ear Health Screening Clinic

TSH Ear Health Team conduct ear checks for children in the community. These checks are simple and painless, helping to identify any potential ear health issues.

**Date:** Wednesday 18<sup>th</sup> March 2026

**Time:** 8:30am to 4:00pm

**Location:** CPC Brookman, 26 Brookman Ave, Langford

**Booking:** email [cpcbrookman@parkerville.org.au](mailto:cpcbrookman@parkerville.org.au)

## Speech Drop-in Clinic

Discuss concerns about your child's speech and language development.  
Ask about speech referrals.

**RSVP: 20-MINUTE TIMESLOTS PER FAMILY**

**Week 4:** 9am – 12am, Thursday 19<sup>th</sup> February 2026

**Location:** CPC Brookman, 26 Brookman Ave, Langford

**Booking:** email [cpcbrookman@parkerville.org.au](mailto:cpcbrookman@parkerville.org.au)

## Jobs and Skills

Training Options Leading to Work

Pathways to Employment Workshop

**Date:** Thursday 12<sup>th</sup> March 2026

**Time:** 1:00am to 2:30pm

**Location:** CPC Brookman, 26 Brookman Ave, Langford

**Booking:** email [cpcbrookman@parkerville.org.au](mailto:cpcbrookman@parkerville.org.au)

## Kiind

A peer navigation support service for helping parents and carers who are raising children, aged birth-25 years, living with disability, developmental delay, autism, genetic, rare, undiagnosed and/or chronic health conditions.

Families are welcome to drop in and speak to one of our Peer Navigators, all of whom have extensive knowledge and lived experience caring for a family member with disability.

We can help parent and carers navigate systems and key points in their child's journey including:

- Securing a diagnosis and early supports
- Navigating the NDIS and understanding your child's plan
- Supporting and advocating for your child at school
- Accessing carer and financial supports
- And much more!

**Date:** Friday 6<sup>th</sup> Feb 2026, 9am – 4pm

Friday 20<sup>th</sup> Feb 2026, 9am – 4pm

Friday 6<sup>th</sup> Mar 2026, 9am – 4pm

**Location:** CPC Brookman, 26 Brookman Ave, Langford

**Booking:** email [cpcbrookman@parkerville.org.au](mailto:cpcbrookman@parkerville.org.au)



To learn more information:

Scan the QR code to join our group on Facebook "Child and Parent Centre Brookman"

**Email:** [CPCBrookman@parkerville.org.au](mailto:CPCBrookman@parkerville.org.au)  
**call** 9235 7032

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