

Circle of Security

8-week program for parents with children aged from 0 to 5 years



Bookings
are
essential

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Learning Objectives of the Program:

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure

Start date: Wednesday 16th October 2024

End date: Wednesday 4th December 2024

Time: 12:00pm –1:30pm

Venue: Brookman Child and Parent Centre, 26 Brookman Ave, Langford

For more information please:

Email: CPCBrookman@parkerville.org.au



In partnership with

