

MyTime Parent Group

Supporting parents of children with disabilities or additional needs

Being a parent is an important job and it is easy to get caught up in looking after your child's needs and forget about yourself.

MyTime groups provide support for parents, grandparents, and caregivers, of children with disability, chronic health conditions, or developmental delays.

Join us for a chat, a cup of tea, and some down time, at no cost.

Bring your children or come alone. All parents of children aged below 18 years are welcome. Play leaders will be available to supervise children aged 6 years and under.



Date: Commencing Monday 10th February 2025

Time: 12:30pm – 2:30pm

Venue: Brookman Child and Parent Centre, 26 Brookman Ave, Langford

For more information please:

Call 9235 7032 or email: CPCBrookman@parkerville.org.au