



# My Time Peer Support Group

Be yourself  
everyone else is  
already taken

## *MyTime is Your Time to Connect & Unwind*

A support group for parents of children with complex needs. MyTime is a place where you can relax and unwind and share ideas and experiences with other parents who understand. The facilitator and guest speakers provide information on relevant topics and local support services. Play activities are provided for your children during this session.

**Mondays 20 April to 22 June**

**11.30am - 1.30pm**

Child and Parent Centre - East Waikiki

Cnr Murchison Rd & Carnegie Loop, Cooloongup

**For families with children from birth to 18 years of age.**



For more information phone 9367 0967 or  
email [cpceastwaikiki@ngala.com.au](mailto:cpceastwaikiki@ngala.com.au)

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