



Online Parenting Workshops

These FREE workshops are held online for your convenience.

Facilitated by School Psychologists from the Department of Education, these workshops provide parents with simple ideas to help children learn, behave well and feel confident.

- ✔ **Starting School Successfully** (*for children going into their first year of school*)
Friday 16 October, 9.30am - 10.30am
Repeat Session - Friday 20 November, 1pm - 2pm
This workshop provides a range of strategies that are helpful for families of children starting school in 2027.
Topics covered include supporting independence, learning to use the toilet and separation.
- ✔ **Learning to Use the Toilet** (*toddlers & pre-schoolers*)
Friday 20 November, 9.30am - 10.30am
Repeat Session - Friday 4 December, 9.30am - 10.30am
Learning to use the toilet can seem like a big task, especially if you are getting lots of different advice!
This workshop gives some suggestions on how to help your toddler learn to use the toilet.
- ✔ **Stepping Stones, Triple P: Helping Your Child Reach Their Full Potential** (*under 12 yrs*)
Thursday 3 December, 9.30am - 11.30am
For parents of children with neurodivergence, disability or additional needs, focussing on how to teach your child new skills and help them thrive.
- ✔ **Triple P: Developing Bedtime Routines** (*toddlers*)
Thursday 10 December, 1pm - 2pm
Having regular, quiet sleep supports children's healthy development. This includes their behaviour, learning and memory as well as their social and emotional development. Following a consistent bedtime routine helps toddlers have healthy, independent sleep patterns.
This workshop gives some suggestions on how to help your toddler develop a good bedtime routine.



Scan the QR code to register.

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